



Viewing your medical information online: how can you do this safely?

1 Almost everyone in the Netherlands has a family doctor.



The doctor puts your medical information in your file. For example, advice and results.



2 You can also read your medical information yourself, on your own computer or phone.



3 Your medical information is safe. You can see your information after logging in with your login information.



4 Your medical information is personal. Protect your medical information well! **Never** give your login information to other people. Not even if they ask for it.



5 Sometimes companies will ask you for information about your health. Like the municipality. Or your insurance company. Or your employer. **Note:** most of the time you are **not required** to share this information.



6 Do you want to share your medical information with someone else?

Never share all the information in your medical file.



Only share the information that is needed.



7 If you have doubts about sharing your medical information with someone else, talk about it with your doctor or the assistant. They can help you.



Don't you understand all the medical words?

On www.thuisarts.nl. You will find a lot of medical information.

Read more on www.open-eerstelij.nl/patiënt